# Special Olympics Maryland Area Memo February 1, 2019



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#### **Welcome**

Welcome to the February 1, 2019 edition of the SOMD Area Memo!

If there are any members of your Area's leadership who are not currently receiving the Area Memo, please send their names and email address to <a href="mailto:dweddle@somd.org">dweddle@somd.org</a> to have them included in future distributions.

#### Local Program Resource Page Launched on SOMD's Website

To provide greater access to the documents and forms used by our area programs, we have built the local program resource page, available at <a href="www.somd.org/localprogramresources">www.somd.org/localprogramresources</a>. Organized by topic, you will be able to find up-to-date copies of frequently used documents. As this will be ever changing, if there is a resource you don't see currently, but feel should be on here, please send an email to Jeff so he can include it!

#### Coach Resource Page Launched on SOMD's Website

SOMD recently added a Coach Resource Page to SOMD's public website (<a href="https://www.somd.org/coach/coach-resources/">https://www.somd.org/coach/coach-resources/</a>) which complements the Local program Resources page launched a short time ago. The Coach Resource Page currently includes such things as the SOMD Sports Calendar, links to register for various coach

webinars, links to webinar recordings and slide decks, the SOMD Code of Conduct, and Coach Training & Education opportunities. The page is admittedly rudimentary and we'll be developing/expanding it and several other resources for coaches over the next several months as we eliminate coaches' use of MySOMD as a resource. Check back regularly and let us know if you find this resource helpful and how we can continue to improve its value. In the very near future we will begin launching sport-specific and event-specific (e.g., Winter Games) pages focused on the information needs of coaches, athletes, Unified partners and families.

#### (UPDATED) 2019 SOMD Winter Games – Qualifying Year for the 2021 World Winter Games

We've scheduled two Head of Delegation (HOD) webinars for the upcoming Winter Games. The HOD for each delegation attending Winter Games (or his/her designee) should attend each webinar and share the information with your delegation. Recordings and slides will be distributed following each webinar and also posted on the new Coach Resource Page on the SOMD website (<a href="https://www.somd.org/coach/coach-resources/">https://www.somd.org/coach/coach-resources/</a>).

Event	Date/Time	Registration / Recording Link			
Winter Games HOD #1	Thu 1/31	Recording: https://youtu.be/DKX4BeBctIQ			
Winter Games HOD #2	Wed 2/13 8:00 p.m.	https://attendee.gotowebinar.com/register/4917206611106161155			

Special Olympics Maryland has also been informed by Special Olympics North America that the 2019 Special Olympics Maryland Winter Games will be the qualifying event for the 2021 Special Olympics World Winter Games, in the event that SOMD receives an allotment. Additional details will be communicated once it becomes available through Special Olympics North America. The 2021 Special Olympics World Winter Games will be conducted in the host country of Sweden!

#### (NEW) We're Hiring! IUS Track and Field Chair & Region Director Positions Open!

SOMD is hiring! If you or someone you know is interested in working on a great team and making a difference in the lives of athletes across the state every day, please visit: <a href="https://www.somd.org/connect/employment-opportunities/">https://www.somd.org/connect/employment-opportunities/</a> for position descriptions and application instructions.

#### (NEW) Coaching Special Olympics Athletes Train-the-Trainer Session April 7

We will be hosting a Train-the-Trainer session for the Coaching Special Olympics Athletes (CSOA) course on Sunday, April 7, 2019, at SOMD HQ. This is a day-long course (9:00 a.m. – 5:00 p.m.) and will prepare up to 15 Area coaches and leaders to present the CSOA course throughout the state.

The CSOA course is an excellent training program for both new and experienced coaches of all sports to improve their coaching skills. It is a required course for all new coaches (and coaches moving into a new sport) and ultimately will need to be taken by all coaches within the revised Coach Education model, even those with a great deal of experience. CSOA is available in both a "live" and on-line format. SOMD trained a number of experienced Area sports leaders as live instructors in 2014 and we are looking to reinvigorate these live trainings by preparing an additional group of experienced sports leaders to teach the course.

With that in mind, SOMD will be hosting a "Train-the-Trainer" session on Sunday, April 7, 2019 at SOMD Headquarters outside of Baltimore. This will be a full day session (figure 9:00 to 5:00) and, due to the nature of train the trainer sessions, participation will be limited to 15 leaders from Area programs and a few select invitees. Additional "train-the-trainer" sessions may be scheduled after Summer Games.

Requirements for prospective trainers are as follows:

Must be nominated by their Area Director

- Must have significant experience as a sports coach of individuals with intellectual disabilities (5+ years)
- Must commit to taking/retaking the online version of CSOA during the three weeks prior to the live session on 4/07/2019 (SOMD will reimburse the course fees from HK)
- Must commit to presenting CSOA class a minimum of three times per year either as an individual instructor or co-presenter (typically in their "region" of the state).
- Must agree to follow all guidelines and requirements for CSOA courses
- Must be a prime representative of the ideals and ethics of coaching
- Must consistently represent Special Olympics and SOMD in a positive and professional manner

Nominations will only be accepted by Area Directors and will be accepted through the following survey link: <a href="https://www.surveymonkey.com/r/CSOAT32019Q2">https://www.surveymonkey.com/r/CSOAT32019Q2</a>. Nominations will be accepted through Monday, March 1, 2019. Nominees will be informed of their status for the course no later than March 11.

#### (NEW) Frederick County Coach & Management Team Member, Greta Harrison, wins SOMD Coach of the Year



Congratulations to Coach Greta Harrison on being named 2018 Special Olympics Maryland Coach of the Year! Coach Greta is a Special Education Teacher in Frederick County Public Schools and is highly involved in both the Interscholastic Unified Sports (IUS) program and Community Sports Program of Frederick County. Her involvement dates back to 2009 when she was a member of the inaugural IUS program in Frederick County at Urbana High School for track and field. Since then, Greta has engaged many students in Unified Track, Bocce, Tennis and even serves as Team Captain of the Oakdale Bears Cool Schools Plunge Team that has raised over \$40,000 for Special Olympics Maryland! Greta has also served as a Head Coach, Assistant Coach, and Unified Partner in both tennis and bocce for the Frederick Community Program. On a daily basis, Greta embodies the mission of Special Olympics Maryland and works tirelessly to build a world where opportunity is not limited by disability! As part of her recognition as Special Olympics Maryland Coach of the Year, Greta is Maryland's nominee for Special Olympics North America Coach of the Year.

#### (NEW) Polar Bear Plunge Wrap Up

Thank you to all of our area programs who participated in this year's Polar Bear Plunge! The Plunge may be over, but there's still time to get those last minute donations! **Donations can be accepted through February 26**<sup>th</sup>.

#### (NEW) SOMD Calvert County Leader, Robin Sanders and family wins Plunge Costume Contest!



Do you recognize this Hard Rocking Family on stage at the Plunge? Congratulations to Calvert County Leader, Robin Sanders and family for winning this year's Plunge Costume Contest! And as an added bonus, Robin has promised to wear her costume to the next Area Leaders meeting in April! Thanks to Robin for your enthusiastic support of the Polar Bear Plunge!

#### (NEW) Carroll County Designer Bag Bingo

It's time for Carroll County's annual Designer Bag Bingo! Get our tickets today! Join us on Saturday March 9, 2019. Doors open at 4:00 for Vendor Shopping ( You don't have to purchase a bingo ticket to shop, we request a \$5 donation) Bingo starts promptly at 7:00. Tickets (20 regular games) are \$18 in advance or \$20 at the door. Additional Packs are \$5 and Specials are \$1 each. We have beautiful raffles bags as well. If you want to reserve tickets call Donna at 443-507-6010

#### (NEW) Athlete Leadership Opportunity – Thank-a-Thon

<u>WHAT:</u> Work with SOMD staff and call (on the phone) various plungers or sponsors to simply say THANK YOU for their support of the MSP Polar Bear Plunge.

**WHY:** People love to be thanked and appreciated.

WHERE: SOMD HQ 3701 Commerce Dr., Suite 103, Baltimore/Halethorpe, MD 21227

**WHEN:** February 06<sup>th</sup>, 2019 6:30pm-8:30pm

**<u>DETAILS:</u>** We will train and eat starting at 6:30pm. Scripts will be provided and you will have a staff member with you at all times.

**HOW MANY:** 6-8 athletes. No previous training required.

Email Jason Schriml at <a href="mailto:jschriml@somd.org">jschriml@somd.org</a> if you are interested in helping

#### (NEW) Winter Games Athlete Leadership Workshop-"Putting Your Best Self Forward"

There will be a short athlete leadership workshop in the lower level of the Ramada Plaza in the Pen Mar Room. This will be held from 6:00-7:30pm on Monday, February 25. This is not a full training, but a chance for athletes to learn the basics of introducing themselves to new people and to practice their introductions in a dynamic setting.

These skills can be used throughout the year in speaking within the community about their involvement within Special Olympics Maryland and sharing their experiences within the Special Olympics Movement. No previous athlete leadership experience needed. ALL ARE WELCOME.

To register for the course please email Jason Schriml at jschriml@somd.org by February 24th, 2019

#### (NEW) Champions On Patrol – David Godoy at Rockville Barrack



On Saturday January 12, 2019, the Maryland State
Police Rockville Barrack was honored to join in the
Champions On Patrol program. COP is
a program partnership between the Maryland State Police and
Special Olympics Maryland that provides interested children and
adults with intellectual disabilities the opportunity to
spend time with members of the Maryland State Police in
an effort to enrich the lives of both the athletes and state
police employee's. SOMD Athlete David Godoy and
his assistant Mrs Angela met with Sgt Julianne Pritchard, Tpr
Steven Carr, Tpr Laurence Cosgrove and PCO Mr John
McDonough. David and Mrs Angela were given a tour of the

barrack by Tpr Carr, and observed the daily operations of the state police. They then went on a ride-along with Tpr Carr. As they patrolled the highways of Montgomery County, David had the opportunity to observe the MSP Aviation Division "Trooper 3," and the MCPD K-9 Unit as officers and troopers searched for a suspect.

David Godoy has been an athlete for Special Olympics Maryland for several years. He competes in a number

of events including swimming, cycling, snowshoe, sailing, and dancing. He is also a Global Messenger for Special Olympics, and an emcee for the opening ceremonies. David also enjoys playing the saxophone.

#### Anne Arundel County Young Athletes Program



The Young Athletes Program of Anne Arundel County will be kicking off their inaugural season at Central Special School located at 140 Stepney Lane, Edgewater, MD 21037 this Thursday, January 17<sup>th</sup>. Practices will be

held from 5:00PM-6:00PM on January 17<sup>th</sup> and 24<sup>th</sup>, February 7<sup>th</sup> and 21<sup>st</sup>, March 7<sup>th</sup> and 21<sup>st</sup> April 11<sup>th</sup> and 25<sup>th</sup> and May 9<sup>th</sup> and 23<sup>rd</sup>. If you have an interested Young Athlete Family looking to get involved, contact Head Coach, Kelly Fahey at fahey@umd.edu.

#### **Special Olympics Figure Skating**

Since its founding in 2009, the Special Olympics Figure Skating Team in the Rockville area has competed throughout the region, winning plenty of gold medals along the way. Thanks to their dedicated head coaches (Mia Soviero and Mark Adams) and countless assistant coaches, they have been able to put many of their skaters into a variety of competitions from the local and above. Interested? Come and join the program every Saturday from 11:15am to 12:15pm at the Rockville Ice Arena. If you want to know more, please contact the team at <a href="mailto:somdskating@gmail.com">somdskating@gmail.com</a> or visit us on the web at <a href="https://somdskating.weebly.com/">https://somdskating.weebly.com/</a>.

### 2019 Unified® Bowling Invitational (New Team Composition)

The 2019 Unified® Bowling Invitational has an update with the athletes and partners competing from Special Olympics Maryland. This event will be conducted in Las Vegas, including Unified® Doubles and Unified® 4-Person Team competition. Good luck team!

The final team composition includes:

HOD/Head Coach Annette Hartz, St. Mary's County
 Athlete Joseph Quade, St. Mary's County
 Unified® Partner Brian Hartz, St. Mary's County
 Athlete Michelle Deniston, Charles County
 Unified® Partner Michael Deniston, Charles County

Help the team get to Las Vegas! Head Coach, Annette Hartz, Unified Partner, Brian Hartz, and Athlete Joseph Quade will be hosting a Cover the Cruiser Event on Saturday, Feb. 2 from 8-3 at the Chick Fil A in California, MD (45150 First Colony Blvd. California, MD 20619). If this cold weather has you dreaming of California, head to California, MD to support Team Maryland!

#### Coaching Special Olympics Athletes Courses Scheduled

SOMD Will be hosting two live Coaching Special Olympics Courses at SOMD Headquarters during the first quarter of 2019. Coaching Special Olympics Athletes is a core course for all Special Olympics Coaches in the new Coach Education and Development System. To ensure maximum interaction among participants, the classes will each be limited to a maximum of 25 registrants. Both sessions are provided free of charge.

Saturday, February 16, 2019, 9:30 a.m. – 1:00 p.m. Saturday, March 23, 2019, 9:30 a.m. – 1:00 p.m.

To register for either course, coaches and prospective coaches can use the following link: <a href="https://www.surveymonkey.com/r/CSOA2019Q1">https://www.surveymonkey.com/r/CSOA2019Q1</a>

#### 2019 Winter Games Athlete Leadership opportunity Feb 25 and 26, 2019

**WHAT:** 2019 Winter Games Athlete Evaluation Team

Ask athletes competing in the 2019 Winter Games their opinion on their 2019 Winter Games

Experience.

Evaluation Team members cannot be competing in the 2019 Winter Games.

You will be part of the Winter Games Management Team

<u>WHEN:</u> Monday, February 25, 2019 11:00am - 5:00pm (4 openings)

Tuesday, February 26, 2019 9:00am-2:00pm (4 openings)

WHERE: Whitetail Resort, 13805 Blairs Valley Rd, Mercersburg, PA 17236

**HOW MANY:** 4 per day

**FINE PRINT:** Athletes who are on this team cannot be competing in the Winter Games.

Sign up for both days and we will put you up in a hotel on that Monday night

Meals are included

#### To sign up go to <a href="http://alps.somd.volunteerhub.com">http://alps.somd.volunteerhub.com</a>

Please share with any athlete you think would like to participate.

#### **Interscholastic Unified Sports (IUS) NEWS!**



Marianne Shultz, Anne Arundel County's North County High School (NCHS), received the NIAAA (National Interscholastic Athletic Administration Association) Distinguished Service Award. Coach Shultz, current Unified Tennis, Unified Bowling, and Unified Bocce Coach, and the former NCHS and Northeast High School Athletics Director, is one of eleven who won this year, one of six in Maryland and only second woman to receive this honor since the inception of the award in 1979. Marianne serves as the Maryland Public Secondary Schools Athletic Association (MPSSAA) Girls' Soccer Chair and the Office Coordinator for The Society of Health and Physical Education Maryland (SHAPE), formerly known as Maryland Association of Health, Physical Education, Recreation and Dance (*MAHPERD*). To read more about Marianne's award announcement and accomplishments, visit <a href="here">here</a>.

#### 2019 Area Leaders Webinar and Meeting Schedule

**Mark your calendars now!** Area leader webinars and meetings have been set for 2019! Thanks to all those who provided feedback after the webinar and meeting.

	Webinar	Meeting	
Coring	April 2, 2019	April 6, 2019	
Spring	7:00-9:00pm	Approx. 9:45-3:00	
Cummor	July 16, 2019	July 20, 2019	
Summer	7:00-9:00pm	Approx. 9:45-3:00	
Fall	Nov. 12, 2019	Nov. 16, 2019	
Fall	7:00-9:00pm	Approx. 9:45-3:00	

#### **Area Memo Open to Area Announcements**

Do you have an upcoming event that you'd like to announce, a volunteer that deserves a special shout out, or maybe a recent 'win' for your program that you'd like to share with other area programs. Your contributions to the Area Memo are welcomed and appreciated! Please send any announcements that you'd like included in the Area Memo to Danielle Weddle (<a href="mailto:dweddle@somd.org">dweddle@somd.org</a>).

#### (UPDATED) ALP-ortunity Report



What a year we have had in the Athlete Leadership program. 2018 was great.

Please find the total number of times your county's athletes participated in a leadership opportunity.

We had 100% participation over all programs in Maryland. This is the second year in a row this has happened.

All of this could not have been achieved without your support. THANK YOU!

Here is to making 2019 even better.				
Allegany	87			
Anne Arundel	299			
Baltimore City	176			
Baltimore County	194			
Calvert	242			
Carroll	111			
Cecil	1			
Charles	10			
Frederick	389			
Garrett	7			
Harford	182			
Howard	434			
Lower Shore	64			
Montgomery	478			
Prince George's	114			
St. Mary's	203			
Upper Shore	102			
Washington	111			

Have you hosted an event that used an athlete leader as a speaker, EMCEE, photographer, or other role? So that we can keep an accurate account of ALP-ortunities across the state, please submit those to Jason Schriml (<a href="mailto:jschriml@somd.org">jschriml@somd.org</a>) to be counted! Please include the name of the athlete(s), event name, and how many hours (approx.) the athlete spent in the leadership role.

#### **Pre-Season and Pre-Competition Webinars**

The dates and time for Pre-Season and Pre-Competition webinars have been set for the upcoming seasons. Please share this info with your coaches and sports volunteers.

#### **Pre-Season Coaches Webinars**

Sport	Date/Time	Registration / Recording Link					
Alpine Skiing	Tues 11/27	Recording: https://youtu.be/q5ENt4y_Va0					
Snowshoeing	Thu 11/29	Recording: https://youtu.be/FJwkaAugWol					
Basketball	Wed 11/28	Recording: https://youtu.be/8wMj2N1pZCA					
Swimming	Tue 3/05	https://attendee.gotowebinar.com/register/6227839863934669826					
	7:00 p.m.	38,000,700					

#### **Pre-Competition Coaches Webinars**

Sport	Date/Time	Registration / Recording Link					
Alpina Skiing Mon 2/18		https://attendee.gotowebinar.com/register/5246817105667384065					
Alpine Skiing 7:00 p.m		Tittps://attendee.gotowebinar.com/register/524661/10566/584065					
Snowshoeing	Mon 2/18	https://attendee.gotowebinar.com/register/4469867005170353155					

	8:00 p.m.	
Dackethall	Wed 3/20	https://attandag.gatowahipar.com/ragistar/1676122407401222001
Basketball	7:00 p.m.	https://attendee.gotowebinar.com/register/1676123407491333891

#### **Community Sports Registration Deadlines Set Through End of 2019**

Registration Deadlines for community sports through the end of 2018 have been set and are incorporated into the Sports Calendar included with this email. They are summarized below for your convenience as well.

Event/Sports	State Championship	Training Registration	Outstanding Forms	Competition Registration	
Winter Games	2/24-26/2019 (includes time trials)	1/10/2019	1/21/2019	2/7/2019	
Basketball	3/30-31/2019	1/24/2019	2/4/2019	2/14/2019	
Summer Games (athletics, bocce, cheerleading, softball, swimming)	6/7-9/2019	4/25/2019	5/6/2019	5/16/2019	
Kayaking	8/24/2019	7/11/2019	7/18/2019	8/1/2019	
Golf	9/29/2019	8/15/2019	8/22/2019	9/5/2019	
Fall Sports Festival (cycling, distance running, flag football, powerlifting, tennis)	10/19/2019	8/29/2019	9/10/2019	10/3/2019	
Soccer	10/27/2019	8/29/2019	9/26/2019	10/3/2019	
Bowling – Regionals	11/10/2019	0/22/2010	10/2/2010	10/17/2019	
Bowling - Championships	12/08/2019	9/23/2019	10/3/2019	11/28/2019	

#### Sports Directors – Assigned Sports

As reviewed during the Area Leader webinar and in-person meeting in mid-July, SOMD HQ has undergone some staff restructuring in support of driving the developing strategic initiative of improved and increased sports programming and competitions as well as building the capacity for overall growth in the number of athletes we serve. One step in the process was the change in the role of the former "Regional Sports Directors" into positions focused strictly on sports programming. Here is their contact information and their sport assignments (some have changed)

#### • Melissa Anger, Sports Director

- manger@somd.org, 410.242.1515 x122
  - Basketball
  - Cheerleading
  - Flag Football
  - Soccer
  - Softball
  - Tennis
  - Locally Popular Sports: Cross Country Skiing, Duckpin Bowling

#### • Zach Cintron, Sports Director

- o <u>zcintron@somd.org</u>, 410.242.1515 x161
  - Bowling (10 pin)
  - Cycling
  - Kayaking
  - Snowshoeing
  - Swimming
  - Locally Popular Sports: Figure Skating, Sailing, Short Track Speed Skating, Volleyball

- Kendall Zeswitz, Sports Director
  - o kzeswitz@somd.org, 410.242.1515 x127
    - Alpine Skiing
    - Athletics
    - Bocce
    - Distance Running
    - Golf
    - Powerlifting
    - Locally Popular Sports: Dance, Equestrian Sports, Floor Hockey

#### **Staff Support for Area Leaders**

Any general questions or ones you're not sure who should be contacted, Ron, Jeff, and Ryan are here to assist!

- Jeff Abel, Vice President of Local Program Development
  - o <u>jabel@somd.org</u>, 410-242-1515 ex. 121
  - All Areas with the exception of the Baltimore Region and Western Maryland
- Ron Freeman, Baltimore Region Director
  - o rfreeman@somd.org, 410.598.1027
  - Baltimore City and Baltimore County
- Ryan Kelchner, AmeriCorps Western Region Coordinator
  - o rkelchner@somd.org, 410-242-1515
  - Western Maryland (Frederick, Washington, Allegany, and Garrett Counties)

#### **Questions?**

**If You Have Any Questions on Any Other Non-Sports-Related Issues**, please contact a member of the new Local Program Development department for assistance

- Jeff Abel, Vice President of Local Program Development
  - o jabel@somd.org, 410-242-1515 ex. 121
  - o All Areas with the exception of the Baltimore Region and Western Maryland
- Ron Freeman, Baltimore Region Director
  - o rfreeman@somd.org, 410.598.1027
  - Baltimore City and Baltimore County
- Ryan Kelchner, AmeriCorps Western Region Coordinator
  - o rkelchner@somd.org, 410-242-1515
  - Western Maryland (Frederick, Washington, Allegany, and Garrett Counties)

	2019 Special Olympics Maryland Sports and Competition Calendar - UPDATED 02/01/2019								
Туре	Event	Location	Facility	Competition Date(s)	Pre-Season Webinar Date(s)	Pre-Competition Webinar Date (s)	Training Registration Deadline (in GMS)**	Last Date To Submit Missing Forms**	Competition Registration Deadline (in GMS)**
IUS	Unified Strength & Conditioning Invitational	Wye Mill, MD	Chesapeake College	2/05/2019	TBD	TBD	TBD	TBD	TBD
IUS	Unified Indoor Bocce Championships	Hagerstown, MD	Hagerstown Community College	2/12/2019	TBD	TBD	TBD	TBD	TBD
Community	2019 SOMD Winter Games (incl Time Trials)	Mercersburg, PA	Whitetail Resort	2/24-26/2019	Alpine 11/27/2018 Snowshoe 11/29	Alpine 2/18/2019 Snowshoe 2/18/19	1/10/2019	1/21/2019	2/7/2019
Community	2019 Unified Bowling NIT	Las Vegas, NV	South Point Hotel	3/4-7/19	NA	NA	1/5/2019	1/5/2019	1/8/2019
Community	2019 World Games	Abu Dhabi, UAE	Various locations	3/14-21/2019	NA	NA	NA	NA	NA
Community	2019 Basketball Tournament	Frederick Area (tentative)	TBD	3/30-31/2019	11/28/2018	3/20/2019	1/24/2019	2/4/2019	2/14/2019
IUS	Unified Outdoor Bocce Championships	Chestertown, MD	Washington College	4/30/2019	TBD	TBD	TBD	TBD	TBD
IUS	Unified Track & Field Invitational	Hyattsville	Prince George's Sports & Learning Complex	5/14&15/19	TBD	TBD	TBD	TBD	TBD
Community	2019 Summer Games	Towson, MD	Towson University and other locations	6/7-9/2019	TBD	TBD	4/25/2019	5/6/2019	5/16/2019
Community	Kayaking Time Trials (Required)	Chestertown, MD	Washington College	08/10/2019 (Tentative)	TDD	TBD	7/11/2010	7/10/2010	0/4/2040
Community	Kayaking Championships	Chestertown, MD	Washington College	08/24/2019 (Tentative)	- TBD	TBD	7/11/2019	7/18/2019	8/1/2019
Community	2019 Softball NIT	Nashville, TN	TBD	8/15-18/19	NA	NA	TBD	TBD	TBD
Community	2019 Golf NIT	Nashville, TN	TBD	9/22-25/19	NA	NA	TBD	TBD	TBD
Community	Golf Championship	Queenstown, MD	Queenstown Harbor Golf Course	9/29/2019 (Tentative)	TBD	TBD	8/15/2019	8/22/2019	9/5/2019
Community	Fall Sports Festival (Cycling, Distance Running, Flag Football, Powerlifting, Tennis)	Emmitsburg, MD	Mount St. Mary's University Fort Richie (Cycling)	10/19/2019 (Tentative)	TBD	TBD	8/29/2019	9/10/2019	10/3/2019
Community	Soccer Tournament	Fruitland, MD	Crown Sports Center	10/27/2019	TBD	TBD	8/29/2019	9/26/2019	10/3/2019
IUS	Unified Tennis Championships	Towson, MD	Towson University (tentative)	TBD	TBD	TBD	TBD	TBD	TBD
Community	Bowling - Regional Tournaments	Various locations	Various locations	11/10/2019	TDD	TBD	0/22/2010	10/2/2010	10/17/2019
Community	Bowling - State Championships	Gaithersburg, MD	Bowl America Gaithersburg	12/8/2019	TBD	TBD	9/23/2019	10/3/2019	11/28/2019
If you have any o Director:	Questions or additions?  f you have any questions regarding this calendar, additions of local/regional competitions, or any other sports related issue, please contact the appropriate Sports				have this information to the may participate in any way i	nich entries must be entered ir ir Area Leadership a minimun in a Special Olympics program ithout an up-to-date voluntee	of one week prior to the without an up-to-date n	se dates to allow for timel nedical; no volunteer may p	y submission. (No athlete participate in any way in a

aThese dates are also the deadlines for Coaches to have completed the requirements for Special Olympics Coach Certification and to have

submitted the required documentation to SOMD HQ.

- Zach Cintron (zcintron@somd.org): Bowling, Cycling, Kayaking, Snowshoeing, Swimming

- Cara Maronek (cmaronek@somd.org): All Interscholastic Unified Sports (IUS)

- Kendall Zeswitz (kzeswitz@somd.org): Alpine Skiing, Athletics, Bocce, Distance Running, Golf, Powerlifting

#### 2019 Special Olympics Maryland Sports and Competition Calendar - UPDATED 02/01/2019 2019 Coach Education & Development Events Course/Sport Location Facility Comments To Register Cumberland Y 10:00 - 2:00pm https://www.surveymonkey.com/r/R5JDT29 **Swimming** Coaches Training Cumberland Baskeball In Person Coaches Trainining Bethesda andon School 8:30am https://www.surveymonkey.com/r/19BBCoachTrainings 7:00pm - 8:30pm Athletics Coaches Training Webinar Webinar Webinar https://attendee.gotowebinar.com/register/8085696756391361794 9:30 - 1:00 p.m. Baltimore SOMD HQ Coaching Special Olympics Athletes https://www.surveymonkey.com/r/CSOA2019Q1 TBD Athletics Coaches Training Towson Towson University Softball In Person Coaches Training Bethesda TBD https://www.surveymonkey.com/r/18Softball Georgetown Prep **Bocce** In Person Coaches Training Silver Spring M. Schwinhaut Senior Center TBD https://www.surveymonkey.com/r/LR62KB6 **Cheer** Coaches Training Webinar Webinar Webinar 7:30pm-9:00pm https://attendee.gotowebinar.com/register/29639930513869825

2/20/2019	Athletics Coaches Training Webinar	Webinar	Webinar	7:00pm - 8:30pm	https://attendee.gotowebinar.com/register/2729468742634098178
2/27/2019	Bocce Coaches Training Webinar	Webinar	Webinar	7:00pm-8:00pm	https://attendee.gotowebinar.com/register/5755069655575924226
2/28/2019	Softball Coaches Training Webinar	Webinar	Webinar	7:00pm-9:00pm	https://attendee.gotowebinar.com/register/1944873737378779905
3/2/2019	Cheer In Person Coaches Training	Baltimore	SOMD HQ	9:00am-12:00pm	https://www.surveymonkey.com/r/19Cheer
3/2/2019	Swimming Coaches Training	Towson	Towson University	TBD (Pushing to confirm times)	https://www.surveymonkey.com/r/CKJ2CTF

3/2/2019 **Swimming** Coaches Training Towson Towson University 3/14/2019 **Bocce** In Person Coaches Training Baltimore Farring Baybrook Rec Center 6:30pm-8:00pm https://www.surveymonkey.com/r/LR62KB6 SOMD HQ 3/23/2019 Coaching Special Olympics Athletes Baltimore 9:30 - 1:00 p.m. https://www.surveymonkey.com/r/CSOA2019Q1

 CSOA Train-the-Trainer
 Baltimore
 SOMD HQ
 9:00 - 5:00 p.m.
 By nomination/invitation only

 Kayaking Coaches Live Training
 Chestertown
 Washington College
 TBD
 TBD

Areas Interested in Hosting Coach Training Events - Please Contact the Appropriate Sport Director

Date

2/2/2019

2/3/2019

2/12/2019

2/16/2019

2/16/2019

2/17/2019

2/17/2019

2/19/2019

4/7/2019

6/2/2019

		ions & Events				
Туре	Event	Location	Facility	Competition Date(s)	Sport	Notes
Community	HO BB League Play (5v5 Traditional & Unified)	Ellicott City	Glenelg Country School	2/2/2019	Basketball	Contact Jim Bourdon (jbourdon@verizon.net)
Community	MO 5v5 Trad Adult BB Competition	Silver Spring	Barrie School	2/3/2019	Basketball	Contact Tina Connolly (tinaconnolly89@gmail.com)
Community	MO 3v3 BB Competition	Bethesda	Landon School	2/3/2019	Basketball	Contact Shelly Bogasky (sbogasky@somdmontgomery.org)
Community	HO BB League Play (5v5 PDU)	Ellicott City	Glenelg Country School	2/9/2019	Basketball	Contact Michelle Jordan (michelle@jordanz.net)
Community	On-Snow Race Training Day #2 (AS & SN)	Mercersburg, PA	White Tail Resort	2/9/2019	Alpine, Snowshoeing	
Community	FR 5v5 BB Competition	Frederick	Maryland School for the Deaf	2/16/2019	Basketball	Contact Melissa Anger (manger@somd.org)
Community	MO 5v5 BB Competition	Bethesda	Georgetown Prep	2/17/2019	Basketball	Contact Shelly Bogasky (sbogasky@somdmontgomery.org)
Community	MO 3v3 BB Competition	Silver Spring	Barrie School	2/17/2019	Basketball	Contact Katie Detweiler (katie.detweiler2@gmail.com)
Community	HO BB League Play (3v3 Traditional & PDU)	Ellicott City	Glenelg Country School	2/23/2019	Basketball	Contact Jack Burk (jeburkjr@verizon.net) & Aleisa Ritcher (alesiarichter@gmail.com ) 3v3 Trad / Gigi Sheltraw (gigishel122@gmail.com) 3v3 PDU
Community	Duckpin Bowling Tournament	Hagerstown	Southside Lanes	2/24/2019	Duckpin Bowling	TBD
Community	5v5 Traditional REQUIRED Qualifier	Westminster	McDaniel College	3/3/2019	Basketball	All 5v5 Traditional Teams Automatically Registered
Community	3v3 (Traditional & PDU) REQUIRED Qualifier	Ellicott City	Glenelg Country School	3/9/2019	Basketball	All 3v3 Teams Automatically Registered
Community	5v5 Unified REQUIRED Qualifier	Towson	Goucher College	3/9/2019	Basketball	All Unified Teams Automatically Registered
Community	HO Skills Competition	Ellicott City	Glenelg Country School	3/10/2019	Basketball	Limit 70 Athletes. Contact Lavonne Smith (Lavonne_Smith@hcpss.org)
Community	5v5 PDU REQUIRED Qualifier	Ellicott City	Glenelg Country School	3/10/2019	Basketball	All 5v5 PDU Teams Automatically Registered
Community	HO BB League Play (5v5 PDU)	Ellicott City	Glenelg Country School	3/16/2019	Basketball	Contact Michelle Jordan (michelle@jordanz.net)
Community	Calvert Basketball Competition	Huntingtown	Huntingtown High School	3/17/2019	Basketball	Contact Melanie McManus (melanie.mcmanus81@gmail.com)
Community	HO BB League Play (3v3 Traditional & PDU)	Ellicott City	Glenelg Country School	3/23/2019	Basketball	Contact Jack Burk (jeburkjr@verizon.net) & Aleisa Ritcher (alesiarichter@gmail.com ) 3v3 Trad / Gigi Sheltraw (gigishel122@gmail.com) 3v3 PDU
Community	AA BB Competition	Severna Park	Severn School	3/24/2019	Basketball	Contact Gregg Meade (greggmeade@verizon.net)

# 2019 Special Olympics Maryland Sports and Competition Calendar - UPDATED 02/01/2019

2019 Area	/ Regional	/ District Competions & Events (continued)	ı
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Туре	Event	Location	Facility	Competition Date(s)	Sport	Notes	
Community	BC Time Trials - Day 1	Baltimore City	Dunbar High School Track	4/9/2019	Athletics	Open to BC participants only	
Community	BC Time Trials - Day 2	Baltimore City	Dunbar High School Track	4/10/2019	Athletics	Open to BC participants only	
Community	Loyola University Swim Competition	Baltimore City	Loyola University	4/14/2019	Swimming	TBD	
Community	AA Spring Games	Annapolis	Naval Academy	4/27/2019	Swimming	TBD	
Community	AA Spring Games	Annapolis	Naval Academy	4/28/2019	Athletics, Bocce	TBD	
Community	BC Bocce Doubles Competition	Baltimore City	Myers Pavilion	4/27/2019	Bocce	Contact Bob Signor (robert.signor@baltimorecity.gov)	
Community	HO Swimming Qualifier	Columbia	Howard CC	4/28/2019	Swimming	Closed Qualifier	
Community	HO Long Distance Swimming Qualifier	Columbia	Howard CC	5/3/2019	Swimming	Open to other areas. Contact Bob Baker (bobbaker@somdhc.org)	
Community	HO Track and Field Competition	Columbia	Wilde Lake High School	5/4/2019	Athletics	Contact Bob Baker (bobbaker@somdhc.org)	
Community	AL Spring Games	Frostburg	FSU	5/4/2019	Swimming/	Contact Dottie Turner (dottie21532@gmail.com)	
Community	Baltimore City Spring Games	Baltimore City	Poly-Western High School	5/7-9/2019	Athletics	Open to BC participants only	
Community	MO Swimming Qualifier	Bethseda	Stone Ridge School	5/18/2019	Swimming	Closed Qualifier	
Community	Required Cheer Qualifier	Frederick	Urbana High School	5/18/2019	Cheerleading	All Teams Registered	
Community	BC Bocce Doubles Competition	Baltimore City	Myers Pavilion	5/18/2019	Bocce	Contact Bob Signor (robert.signor@baltimorecity.gov)	
Community	Calvert Swimming Qualifier	Prince Frederick	Edward T Hall Aquatic Center	5/19/2019	Swimming	Contact Jane Lacosse (lacossej@calvertnet.k12.md.us)	
Community	BA Swimming Qualifier	Baltimore County	Gilman Pool	5/19/2019	Swimming	Closed Qualifier	

# **2019 Event Calendar**



2019 MSP Polar Bear Plunge January 24<sup>th</sup>, 25<sup>th</sup> & 26<sup>th</sup> 2019 Sandy Point State Park www.plungemd.com

2019 Deep Creek Dunk February 23<sup>rd</sup> 2019 Deep Creek Lake www.dunkmd.com

2019 Winter Games February 24<sup>th</sup> – 26<sup>th</sup> 2019 Whitetail Resort www.somd.org

2019 Basketball Tournament March 30<sup>th</sup> – 31<sup>st</sup> 2019 Hood College and FCPS Sites www.somd.org

2019 Summer Games June 7<sup>th</sup> – 9<sup>th</sup> 2019 Towson University www.somd.org

2019 Kayaking Championships August 24<sup>th</sup> 2019 Washington College www.somd.org

State Golf Championships September 29<sup>th</sup> 2019 Queenstown Harbor Golf, Queenstown Md www.somd.org

11<sup>th</sup> Annual Tunnel Run Fall 2019 Fort McHenry Tunnel Baltimore, Md www.tunnelrun.org

11<sup>th</sup> Annual Big Bats Open September 2019 Queenstown, Md <u>www.somd.org</u> Fall Sports Festival
October 19<sup>th</sup> 2019
Mount St. Mary's University, Emmitsburg, Md
www.somd.org

State Soccer Tournament October 27<sup>th</sup> 2019 Crown Sports, Fruitland Md www.somd.org

Over The Edge November 2019 Bethesda, Md www.somd.org

Interscholastic Unified High School Team Tennis November 2019 Loyola University www.somd.org

6<sup>th</sup> Annual Maryland Rockfish Open October 2019 Mike's Crabhouse South-Riva www.somd.org

State Regional Bowling Tournaments November 10<sup>th</sup> 2019 Various Locations in Maryland www.somd.org

State Bowling Championships December 8<sup>th</sup> 2019 Bowl America, Gaithersburg, Md www.somd.org

St. Mary's Splash
December 2019
Point Lookout State Park, Scotland, Md
www.somd.org